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JUVENILE PROBATION UNIT

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FAMILY & YOUTH ENHANCEMENT PROGRAM

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Department of Community & Cultural Affairs
DIVISION OF YOUTH SERVICES

Family & Youth Enhancement Program (F&YEP)



Kagman Community Center, Kagman III
P.O. Box 501000 C.K., Saipan, MP 96950



For more information, visit the Division of Youth Services website at www.dys.gov.mp

What is the Family & Youth Enhancement Program (F&YEP) GOAL?

The program's goal is to provide **preventative and supportive activities** that assist youths and families in developing sustainable basic skills to eliminate at-risk behaviors and provide opportunities for more positive lifestyles, enhancing their capacity to make healthier life choices and achieve self-sufficiency.



What services does the F&YEP provide?

- ✦ Intervention and Prevention Services
- ✦ Youth and Adult Training Opportunities
- ✦ Youth and Adult Mentorship Programs
- ✦ Parent Education Classes
- ✦ Parents Anonymous, Inc. Support Groups
- ✦ Counseling Services through Providers
- ✦ After School Programs
- ✦ Rehabilitative Services for Juveniles



**ASKING FOR HELP IS
A SIGN OF
STRENGTH®**

**24-HOUR PARENT HELP LINE:
(670) 287-2847**

Anger Replacement Training® (ART)

Intervention for Aggressive Youth

Youth Age: 11-17 years old; 10 week program

- Social Skills
- Anger Control
- Moral Reasoning

Botvin Life Skills

Substance Abuse Prevention Program

Youth Age: 11-17 years old; 12 week program

- Drug Resistance Skills
- Personal Self-Management Skills
- Positive Social Skills

Matrix: Teen-Intervene

Intervention with Substance-Abusing Adolescents

Age: 13-21 years old; 16 week program with possible 12 months extended care

- Lifestyle Changes
- Relapse Prevention
- Family Involvement

Youth Crossroads, Inc.

"Behavior Change" Program

Youth Age: 11-17 years old; 12 Week Program

- Cognitive Life Skills
- Prevention Against Truancy
- Positive Goal Development



Early Childhood S.T.E.P.

(Systematic Training for Effective Parenting)

A course that provides a look at the long term goals of parenting, information on how your children think, feel, act, and skills that can increase your enjoyment and effectiveness as a parent.

- Parents of children under 6 years old
- 7 sessions (2 hours per session)

Common Sense Parenting

Designed as a practical approach to help parents be more positive with their children & to use their children to cooperate and behave in a more positive, desired and acceptable manner. It emphasizes on "Disciplining from the Heart."

- Parents or caretakers of children 6-12 years old
- 6 sessions (2 hours per session)

Active Parenting Now & of Teens

This provides the guidance and support needed to turn the challenges of raising a teenager into opportunities for growth.

- Parents or caretakers of children 12-18 years old
- 6 sessions (2 hours per session)

CNMI Parent Training & Information Center for Leadership in Disability Achievement

Located at the Kagman Community Center. The parent resource room provides training and information to parents of infants, toddlers, school- aged children, and young adults with disabilities and to the professionals that serve them.

Parent Anonymous® Inc. & Children's Program

A preventive and treatment program that strengthens families at risk of becoming or are already involved in the child welfare system. It is open to any parent or caregiver in a parenting role who is seeking support. Services include weekly support groups, children's program, and linkages to community resources. The program aims to build on the strengths of all family members and enhance family well-being.